



School Based Mental Health Training

Spring
2025

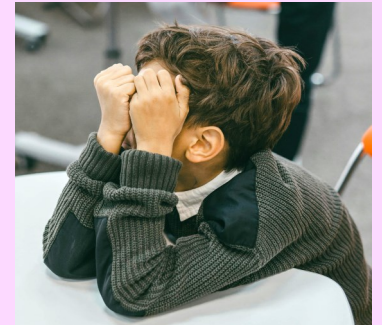
In conjunction with the Pennsylvania Office for Safe Schools, Intermediate Unit 21 will host a series of biweekly virtual trainings designed for School Based Mental Health Professionals including counselors, social workers, psychologists, and nurses. Each session will include a recorded training from IU professionals across the state of Pennsylvania as well as time for collaboration and discussion.

February 12, 2025 9:30AM - 11AM

Executive Functioning Skills

George Butwin, Educational Consultant IU 13

This session will provide school-based mental health professionals with executive functioning strategies that can be used with all students. These strategies will help to increase student hope when faced with academic and social emotional challenges.



February 26, 2025 9:30AM - 11AM

Trauma's Impact on the Brain and Body

Michael Heater IU 21, Katie Farbo IU 6, & Pete Carbone IU 27

In this session we will cover a brief review of trauma informed basics, typical brain development, trauma impact on brain development, the stress response system, and proactive/ supportive strategies.

March 12, 2025 9:30AM - 11AM

Integrating PBIS and Tier 1 Intervention Strategies

Christine Sanker IU 10, Ron Rolon IU 22,
& Sherisa Nailor IU 15

This session will provide practical strategies to mental health professions using the PBIS model for Tier 1.



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**Register
Here**